

# GivingBack

A Newsletter for Donors & Friends of SIH

## Lace up your running shoes for three upcoming 5K fundraisers!



Come support the Mulberry Center by participating in the **Sunset Stroll 5K Walk/Run** on campus at HMC on Friday evening, April 26.

[runsignup.com/Race/IL/Harrisburg/SunsetStroll](https://runsignup.com/Race/IL/Harrisburg/SunsetStroll)



SIH, Prairie Heart Institute, and SIU School of Nursing are hosting the **Hearts in Motion Run/Walk** on Saturday, April 27 at SIU Campus Lake.

[www.hshs.org/prairie-heart/giving/foundation-events](https://www.hshs.org/prairie-heart/giving/foundation-events)



SIH Brain & Spine Institute is hosting a **5K for the Brain** on Saturday, May 4 at Giant City State Park.

[runsignup.com/Race/IL/Makanda/SIHNeuroscience5KfortheBrain](https://runsignup.com/Race/IL/Makanda/SIHNeuroscience5KfortheBrain)





## Welcome back to *Giving Back!*

The SIH Foundation is excited to reconnect with you, our cherished friends and dedicated donors. Your continued support has been instrumental in the success of our endeavors, and we want to share updates and express our gratitude for the impact you've made. At SIH, our commitment to advancing healthcare accessibility, innovation, and compassion remains unwavering. Together, we are not just shaping the trajectory of healthcare; we are fostering hope, healing, and humanity. We invite you to immerse yourself in the inspiring narratives within, as we celebrate the spirit of collaboration, compassion, and progress that defines this shared path.

*Thank you for being an essential part of our journey!*



## Say Hello to Amy

In January, the SIH Foundation welcomed Amy Marshall as our new Giving Coordinator. Amy joins us with over 30 years of administrative and development experience.

Having spent a majority of her career supporting and raising money for arts organizations, Ms. Marshall has served as a director

for the Florentine Opera of Milwaukee, The Milwaukee Ballet, Maryland's Olney Theater Center, The Children's Theater of Madison and Austin Opera. Most recently she worked for the California Central Coast Chapter of the Alzheimer's Association as the Vice-President of Development and Communications and for Opera Santa Barbara.

*"I'm thrilled to be a part of the SIH Foundation team and so happy to be back in Southern Illinois and living in Carbondale where I grew up."*

# Leadership UPDATES



Daniel Booth

**Daniel Booth** is the new **chairman of the SIH Foundation**. You may know him as Superintendent for Schools for Carbondale Community High School, or perhaps you know that he also sits on the SIH Board of Directors. In all of these roles, Daniel connects with others and clearly works to make Southern Illinois the best place for our families to live, work, and play.

He hopes to continue the tradition of personal outreach and connection with board members, leading by example so that Southern Illinois sees the SIH Foundation as a vehicle for making opportunity possible at SIH and beyond.



Molly Hamilton

In April, SIH named **Molly Hamilton, Ph.D., SHRM-CP, CPTD**, as the new **Vice President and Chief Human Resource Officer**. She brings key insights to the senior leadership team, especially those based on her established career in organizational development, talent management, recruitment and leadership development.

Prior to joining SIH in 2017, Molly served in various HR leadership roles in manufacturing, agricultural and environmental sciences, and higher education. Her academic career included more than a decade as a faculty member in Workforce Education and Development at Southern Illinois University Carbondale.



Craig Jesiolowski

SIH recently announced **Craig Jesiolowski** as the new **Vice President and Administrator** of Memorial Hospital of Carbondale, St. Joseph Memorial Hospital, and the Cancer Institute. Originally from Chicago, he and his wife Stephanie call their move from Massachusetts to Illinois a return "back home."

Craig views his primary role as a "servant leader" and supporter of the SIH team and the communities we serve; he says, "my focus will be on decreasing or eliminating obstacles our employees and providers face while providing the best care for our patients." Craig, Stephanie and their two Siberian cats plan to permanently move to the Carbondale area by late spring.


## OUR NEWSLETTER *Schedule and Distribution*


We publish a print newsletter in twice a year (which is also provided in digital format via email) as well as a monthly e-newsletter. If you'd prefer to receive our newsletter by email instead of print, or if you'd like to be added to our print issue mailings, send us a note at [sihfoundation@sih.net](mailto:sihfoundation@sih.net) or give us a call at 618-457-5200 ext 67843.

### SIH Foundation Board of Trustees

- John Antes**  
*President*
- Daniel Booth**  
*Chair*
- Steve Falat**  
*Vice Chair*
- Gary Greener**  
*Secretary*
- John Dosier**
- Jamie Green**
- Mike Monchino**
- Mary Moreland**
- Jan Payne**
- George Sheffer**
- Jeff Speith**

### Contact Us

 PO Box 3988  
Carbondale, IL  
62902-3988

 [sihfoundation@sih.net](mailto:sihfoundation@sih.net)

 618.457.5200  
ext 67843

 [facebook.com/SIHealthcare](https://www.facebook.com/SIHealthcare)

### Give Back

 [sih.net/foundation](http://sih.net/foundation)

*Sign up for emails and stay up-to-date with the SIH Foundation*

# Investing in Wellness

## The Impact of Charitable Giving



**I**n the ever-evolving landscape of healthcare, the profound impact of donations stands as a testament to the collective power of generosity in shaping the well-being of communities. From supporting critical patient care initiatives to fortifying the resilience of healthcare systems, charitable contributions play a pivotal role in ensuring that individuals receive the quality care they deserve.

One of the most tangible impacts of donations lies in the enhancement of medical facilities and the improvement of patient experiences. Generous contributions provide the necessary resources for the acquisition of cutting-edge medical equipment, the creation of healing environments, and the establishment of specialized programs. These enhancements not only elevate the standard of care but also contribute to a more positive and supportive atmosphere for patients, fostering a sense of comfort and well-being during challenging times.

Beyond the walls of medical facilities, donations often serve as a lifeline for vulnerable populations. Charitable giving facilitates the establishment of community clinics, outreach programs, and initiatives that address the unique healthcare needs of underserved communities. This ensures that everyone, regardless of socio-economic status, has access to essential healthcare services, promoting inclusivity and reducing disparities in health outcomes.

The impact of donations on healthcare extends far beyond monetary value. It is a powerful force that breathes life into medical facilities, nurtures the well-being of patients, and ensures that healthcare remains a fundamental right for all. As we witness the undeniable influence of generosity on the healthcare landscape, it becomes evident that each donation is a meaningful contribution to building a healthier, more compassionate society.

In 2023, Dr. William and Mrs. Mary Alice Hamilton were recognized with the SIH Impact Award for their dedication to healthcare in Southern Illinois. As supporters of the Cancer Institute, the Special Care Nursery, and the Trauma Center, they have significantly contributed to enhancing the quality of care at SIH through their philanthropic efforts.

Dr. William Hamilton, a retired healthcare provider, has left an indelible mark on the Special Care Nursery at SIH Memorial Hospital of Carbondale, where he once cared for infants. His generous support has provided crucial resources, including specialized equipment like swings and sound machines. His gifts were also able to provide staff with transfer bags, enabling safe transportation of unstable babies from community hospitals. Dr. Hamilton's enduring influence ensures that the Special Care Nursery remains a vital resource, offering care to premature infants and their families in Southern Illinois.

Mary Alice Hamilton has played a pivotal role in the growth of the trauma program at SIH Memorial Hospital. Notably, she contributed to the establishment of the Advanced Trauma Life Support course. Her ongoing support has enabled the course to be self-sustained, taught by medical professionals within the hospital. Additionally, Mary Alice's philanthropy has provided critical medical equipment, including a secondary rapid blood infuser for the emergency department, significantly improving patient outcomes

through rapid resuscitation. Her latest donation will buy an emergency department stretcher designed for on-bed X-rays, eliminating the need to move injured patients for imaging.

The Hamilton's generosity – as well as yours – is not just a financial investment; it's an investment in the well-being and future of the individuals and communities that SIH serves. **Together, we are making a significant and lasting impact, and we look forward to continuing this journey of positive change with you by our side.**



*The impact of donations on healthcare extends far beyond monetary value.*



*Dr. William and Mrs. Mary Alice Hamilton,  
recipients of the 2023 SIH Impact Award*





# Creating Your Lasting Legacy

## Planned Giving and the SIH Foundation

The SIH Foundation asks you to consider creating a lasting legacy with a planned gift that will help us build a stronger and healthier Southern Illinois together. With your support through estate and charitable planning you will become a member of our Legacy Society and your generosity will go to support SIH's devotion to its mission of providing sophisticated care in our rural area.

By including the SIH Foundation in your will or trust you can change lives and pass on your passion of caring for others to future generations. Your gift costs you nothing now, but it gives you the ability to provide financial assistance to those in need and to enhance facilities that provide vital healthcare services to our community.

Here are three planned gift opportunities that offer the greatest potential to provide the greatest returns to both you and SIH:

### Charitable Gift Annuities

» You can choose to fund your annuity with traditional assets like cash or appreciated property. You will qualify for a charitable deduction for a portion of the value of the gift and secure partially income-tax-free payments.

### Donor Advised Funds

» You can give when, what, how, and where is most favorable for you. If you are looking for a way to give that involves your family and establishes a family legacy, donor advised funds fit the bill.

### Appreciated Stock

» You may realize that the gains and losses of your investment portfolio necessitates a portfolio rebalance to maximize performance and optimize risk. Donating stock can help put your portfolios back into balance.

To learn more about planned giving opportunities, or to let us know about your estate plans for SIH, please contact Amy Marshall, Gifts Coordinator.  
**618.457.5200 ext 67831**  
[amy.marshall@sih.net](mailto:amy.marshall@sih.net)

[sih.net/plannedgiving](http://sih.net/plannedgiving)

# Special Events

## SIH Gala Shining Bright

In a dazzling display of community spirit and generosity, the **SIH Gala** held in March proved to be an unforgettable evening. Attendees, sponsors, volunteers, and staff came together to make this event a resounding success. Through ticket sales, sponsorships, and donations, the Gala raised money to support the ongoing initiatives at SIH Mulberry Center at Harrisburg.

While this year's Gala may be in the past, its impact will continue to be felt for years to come through financial resources that help provide even more comprehensive care to those in need. We look forward to the next one, where we can once again celebrate our community's unwavering commitment to healthcare.

## Slice of Life Golf Tournament

The **SIH Slice of Life Golf Tournament** will be hosted on September 27th at Kokopelli Golf Club in Marion. The proceeds from the 29th annual event will benefit the SIH Mulberry Center at Harrisburg which provides quality psychiatric care to patients throughout Southern Illinois and surrounding areas.

Sponsorship opportunities, individual registrations, and auction item donations are available. For more information about the event or to register, visit [www.sihliceoflife.com](http://www.sihliceoflife.com).

## Salukis Blackout Cancer

Saluki Athletics and the SIH Foundation are teaming up to host the **Salukis Blackout Cancer** football game on October 5th. This benefit is a way for fans throughout Southern Illinois and across the country to show their support by raising money for the Coach Kill Cancer Fund which provides financial assistance to cancer patients in need. Bidding on a jersey and placing the name of a loved one on the back of the jersey who has been touched by cancer is a great way to honor those in our lives who mean so much to us. To learn more, visit [www.salukisblackoutcancer.net](http://www.salukisblackoutcancer.net).