Fall 2021





Years



SIH Foundation

SIH Foundation

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Welcome from the SIH Foundation Board Chair

Hi, I'm George Sheffer – the new chairman of the SIH Foundation Board. First, I would like to thank outgoing chairman Mike Monchino. He did an outstanding job as leader, listening to and motivating the board, and he was results oriented. It will be hard filling his shoes, but he left the Foundation in good shape and his voice will continue to have valuable input in the decisions of the Foundation Board of Trustees.

Southern Illinois has been my home since I came from the Chicago area to attend SIU. My wife Diane and I have two wonderful children, daughter-in-law and a granddaughter. I was lucky enough to own a business for 40 years with a great team of workers.

I have a great desire to give back to the community I care so much about, which motivates me to be a leader at the SIH Foundation. I often think, "Where would we be without SIH?" We'd be without excellent care and without the second largest employer in the region. SIH certainly has influenced the economic growth of the area. We depend on them to be there, especially as we continue to navigate the pandemic. SIH is an asset and I know they are doing their best to safely move us forward.

This year, SIH celebrates its 75th Anniversary by continuing to grow the expert care that we rely on in Southern Illinois. The expansion at the Cancer Institute is just one critical way that SIH has grown to meet the needs of our community. I challenge you to give your time, talent and treasure to continue to foster this excellent care in our region, and I look forward to working with the other members of the Board of Trustees to create opportunities for you to join us.

George Sheff

George Sheffer SIH Foundation Board of Trustees, Chair

Required Minimum Distributions 2021 deadline is December 31

Required minimum distributions (RMDs) are amounts you're required to withdraw annually from certain retirement accounts when you reach age 72. These withdrawals – or transfers – must be completed by December 31. Your RMD can be in the form of a Qualified Charitable Distribution (QCD) from an IRA. A QCD is donated directly to a charity – like SIH Foundation – without having to pay income taxes on it.

For more information, visit our website at **sih.myfuturegift.org** or contact your financial advisor.

Meet Our New Director

The Foundation welcomed Jocelyn Popit as its new Director in April. Jocelyn was drawn to SIH because of the profound impact SIH has on the region.



"Not only have my family and I been affected by the great care we've received, it's also easy to see SIH as a constant in the lives of Southern Illinoisans. As I saw SIH broadening its impact, I realized the opportunity to contribute to the goal of making excellent healthcare available to all in our region."

Prior to joining SIH, Jocelyn was Director of Advancement for Centerstone, which provides mental and behavioral healthcare. "I loved being a part of the Foundation team at Centerstone and it was there that I learned a great deal about establishing a culture of philanthropy and the good work that can happen when all lean in towards opening pathways for the benefit of others."

Her goal is to unite the hearts of donors with the great work that is happening at SIH "so we can ensure that the integrity and quality of the programs at SIH can continue to be offered to all."

Welcome to the Foundation, Jocelyn!



The SIH Foundation Grateful Patient and Family Giving Program gives patients and their families a way to honor caregivers who touched their lives in a special way. Dr. Muhammad Popalzai at the SIH Cancer Institute was recently honored by his patients.

"Thank you for your caring service and commitment to fighting cancer."

Donations made to this program support our SIH facilities – giving our healthcare providers and staff the latest equipment and technologies they need to live out their commitment to care.

Visit **sih.net/gratefulpatient** to find out how you can honor your caregiver.

» Dr. Muhammad Popalzai, SIH Cancer Institute Medical Director is pinned by Jennifer Badiu, System Director for Cancer Services. » Left to right: The Carbondale Clinic and Doctors Hospital; Herrin Hospital; St. Andrew's Hospital in Murphysboro

75th Anniversary

In 1946, having learned through their medical experiences in WWII and realizing that new medical specialties would be needed in Southern Illinois, four local doctors came together to form the not-for-profit Southern Illinois Hospital Corporation. Their goal was to provide, grow, and foster healthcare in this region with compassion, vision, energy, and skill.

Our founders' common values of service to country and individuals come through every day at SIH as we hold the hands of the dying, comfort sick patients and their family members, and create a safe environment for staff and visitors. We embrace each other in support of the work we do. We never give up. We reach out to our community and partner with them in addressing the challenges of each day, just as our founders did. And when we need it, the community and patients give back to us. It is these connections and values that will sustain us for the next 75 years and beyond.

Thank you.

-Story adapted from Sue Odle, SIH St. Joseph Hospital

With your support,

SIH has grown in many ways to serve our community. You

- Give hope to thousands of Southern Illinoisans by making possible the region's first and only cancer treatment center
- Help patients in financial need receive assistance for costs related to their treatment
- Make it possible for patients to receive the highest level of care through expanding Emergency Departments at our hospitals
- » Supported us in achieving Level II Trauma status at Memorial Hospital of Carbondale
- » Continue to motivate us through the pandemic with your good will, positive thoughts, and well-wishes

The Founders

Celebrating SIH

Dr. J.W. Barrow often referred to as the dean of Doctors Hospital, and the person responsible for guiding the development and early success of the Carbondale Clinic.

Dr. Leo J. Brown has been described as a "true visionary with an incredible memory and with unbounded energy." He is credited with bringing modern medicine to Southern Illinois and as the principal force during the first twenty years of the Carbondale Clinic.

Dr. John S. Lewis was a successful businessman as well as a fine surgeon, and it was his financial capabilities that led to the successful establishment of the Carbondale Clinic and Doctors Hospital.

Dr. John B. Taylor was regarded as a brilliant man and diagnostician. Dr. Taylor shepherded the development of medicine in Southern Illinois through political and professional growing pains.

» From left to right: Doctors J.W. Barrow, Dan Foley, John B. Taylor, John S. Lewis, Charles Fildes, Leo J. Brown and Jack Barrow.

SIH Cancer Institute

Update on the SIH Cancer Institute Expansion

The SIH Cancer Institute expansion through the Hope is Home 2 Campaign is well underway, with completion anticipated this December. This vital growth will bring with it:

A new state-of-the-art laboratory with additional registration carrels, draw stations, and a blood bank onsite

New shared waiting room for Laboratory and Rehabilitation, with space for 20 chairs plus wheelchairs

Additional medical oncology exam and consultation rooms

Larger parking lot with a new ambulance entrance and access from Shawnee Trail Drive

Expanded grounds

Major equipment upgrades, such as the addition of True Beam STx – an advanced image guided radiation therapy system (IGRT) designed to treat complex cases of cancer

Over 50 new art pieces that will invoke nature and further the atmosphere of healing and wholeness in our beautiful facility

• The expansion means so much to us as a work family...Our physicians are dedicated to keeping up with the latest treatments, which also requires space, equipment upgrades, and additional staff. For us, this expansion means more patients get to stay close to home and receive high quality care.

-Brooke Toedte, RN OCN and Infusion Supervisor, SIH Cancer Institute

Many thanks to our donors for their generous support. Gifts of all amounts make a difference! To make your own impact on cancer care, visit **sih.net/hopeishome2**.

Special Events



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After a hiatus in 2020, the 28th Annual SIH Slice of Life Golf Tournament will be played on October 22nd at Kokopelli Golf Club in Marion. For nearly 30 years, our generous sponsors have played to support critical healthcare needs in Southern Illinois. This year, all funds will be donated to the Coach Kill Cancer Fund and SIH Patient Care Fund to help patients in need during medical treatments. A portion of proceeds will also benefit expansion of the SIH Cancer Institute. We extend a big **Thank You** to those sponsors who have continued to support the event along with new partners that have joined us this year. We are so appreciative.

Visit **www.sihsliceoflife.com** to see a complete listing of our sponsors. Special thank you to ACE Sponsors Alberici Healthcare Constructors and Banterra Bank.

Saluki Athletics and the SIH Foundation are teaming up for the Salukis Blackout Cancer Football game on Saturday, November 6, 2021, (2) 12 PM. The Saluki Football team will be on the field wearing special black jerseys won through the Salukis Blackout Cancer jersey auction. These jerseys will commemorate loved ones affected by cancer by having those names placed on the back of each jersey. The Blackout Cancer games are a way for Saluki fans across the country and people in the community to get involved in raising funds to support the Coach Kill Cancer Fund.

PEPAW

SOWINSK

Visit **www.salukisblackoutcancer.com** to get your bid in. Bidding ends October 18th at 8 PM CST. We hope you'll join us!



Salukis Blackout Cancer Basketball

Visit www.salukisblackoutcancer.com later this year to see the dates for the Men's and Women's Blackout Cancer Basketball games to be played in early 2022.

We're excited about the possibility to once again host the SIH Gala on Friday, April 8, 2022. For details about the event, visit www.sihgala.com. Check back often for updates.



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Send us a note at sihfoundation@sih.net or give us a call at 618.457.5200 ext 67831 if you'c prefer to receive our newsletter by email, or if you'd like to be removed from our mailing list

SIH Foundation

PO Box 3988 Carbondale, IL 62902

Thank you for your support!

A Future Gift for Healthcare

Have you heard the terms Planned Giving, or Estate Gifts, but were unsure of their meaning? Simply stated, it's a commitment you make now for a gift in the future. For example, naming a charity in your will, or as a beneficiary in a life insurance policy or retirement account are common planned gifts. They cost you nothing now but give you the power to leave your legacy with causes you care deeply about.

To learn more, visit sih.net/plannedgiving